

CYLA COVID 19 Safety Plan

These safety protocols are based upon the current state/county guidance. Safety protocols will be adjusted if state/county guidance changes.

- The plan administrator is responsible for communicating the plan to athletes, coaches, parents, trainers, referees/officials. The Plan administrator is Erin Skuce.
- The plan coordinator will serve as the point of contact if any COVID-19 cases are identified. The coordinator will facilitate and assist with case investigation, contact tracing, and notification: The **CYLA plan coordinator is David Parrott**, and may be contacted at david.j.parrott@marsh.com.
- If any player or coach has a positive case, **you must** report it to CYLA plan coordinator, David Parrott.
- If any players, spectators or coaches have experienced any symptoms of COVID 19 they **shall not** attend any practice, scrimmage, or competition until they have a negative (PCR) test.
- If an athlete or coach has a positive COVID-19 case, all in-person team or group activities (i.e., practices, scrimmages, games, meetings) **must be** cancelled for a 10-day period.
- The Parent/Guardian of each participant and each Coach **is required** to sign the **waiver/informed consent form** which can be found on our website and will be provided to all participants via e-mail. Participation **will not** be allowed unless and until the waiver/informed consent form is received.
- Players will be assigned to cohorts (~ 10-20 players per cohort) within the age groups to minimize potential exposures.
- Each age group will maintain an attendance roster for each practice/event.
- Parents of participants **are expected** to volunteer to facilitate the attendance process for each practice/scrimmage/game.
- CYLA will provide a supply of masks and sanitizer for each age group.
- Parents/Guardians/Coaches/Referees **are required** to complete a temperature/symptom screening for themselves and each child prior to coming to practice, scrimmage or competition **and comply with any applicable requirements for any game hosts.**

- By showing up to practice/scrimmage/competition **you are certifying** to the organization and its participants the following:
 - You have not traveled internationally within the past 10 days.
 - You are not currently exhibiting COVID-19 symptoms including but not limited to:
 - Fever 100.0 F or greater;
 - Chills;
 - Shortness of breath or difficulty breathing;
 - Fatigue;
 - Muscle or body aches;
 - Headache;
 - New loss of taste or smell'
 - Sore throat;
 - Congestion or runny nose;
 - Nausea, vomiting or diarrhea.
 - You have not been exposed to COVID-19 or diagnosed with COVID-19 in the past 10 days.
 - If the exposed individual has recovered from COVID-19 within 90 days he or she may participate in the sport or spectate even if exposed.
 - If the exposed individual is fully vaccinated, he or she may participate in the sport or spectate even if exposed. People are considered fully vaccinated 2 weeks after their second dose in a 2-dose series or 2 weeks after a single-dose vaccine.
- Players **are required** to wear masks on the sidelines when they are not on the field.
- Masks that conform to recommendations from the CDC must be worn **at all times**, by all athletes, coaches, referees, spectators, and individuals dropping off or picking up athletes.
- On the field, if athletes are unable to wear a mask because of difficulty breathing, they **must** wear a mask when not actively playing and on the bench.
- Coaches should monitor proper use and correct improper use of masks by athletes, when indicated.
- Coaches **must** wear a mask at all times.
- No sharing of equipment unless it is sanitized between uses.
- Each participant is required to bring his or her own water bottle.
- Carpooling is discouraged.
- Limit of 2 spectators per player at any event.
- Spectators will stay 6 ft apart and be masked.